

# A Simple Guide for Writing Your Own Vows

This guide is designed to help you write heartfelt and personal wedding vows without the stress of starting from a blank page.

The process is broken down into three simple parts: looking back, looking forward, and making promises.



## Part 1: Looking Back - Our Story

These prompts are designed to help you reflect on your relationship's journey. Choose the ones that resonate with you and fill them out with specific memories.

- The first time I knew I loved you was when...
- I'll never forget the time we...
- The moment I realized I wanted to marry you was...
- One of my favorite things about you is...
- You taught me how to...
- You make me feel...

---

## Part 2: Looking Forward - Our Future

Now, think about your future together. What do you hope for as a married couple?

- I am most excited about...
- I can't wait for us to...

- I want our future to be filled with...
  - My biggest hope for us is...
- 

### Part 3: The Promises

This is the core of your vows. Use these prompts to articulate the promises you are making to your partner.

- I promise to always...
  - I promise to never forget...
  - I promise to support you when...
  - I promise to laugh with you...
  - I promise to be there for you...
- 

Once you have completed the prompts, you can weave the answers together into a cohesive vow. For example, you could start with a memory, transition into what you love about your partner, and then finish with your promises for the future.

Don't worry about being a professional writer; just speak from the heart.

Remember, your vows are a reflection of your unique love story. There is no right or wrong way to do this, so have fun with it!

*Prepared by Nashville wedding officiant Ralph Griggs  
-[www.ralphtiesknots.com](http://www.ralphtiesknots.com)*